

## EVENT CONDITIONS & PARTICIPANTS AGREEMENT

In order to participate, this entry form must be signed by all competitors, or their parent/guardian if under 18.

Please read carefully before signing – this form affects the rights of competitors.

- ✓ I acknowledge that participation in the Dundas Cruncher Run & Cycle Events involves a risk of serious injury or even death, arising from various causes including over-exertion, dehydration, accidents involving other competitors, spectators, road users, course conditions, snake bites, weather events and more.
- ✓ I understand that I should not participate in this event unless I am appropriately trained and have the necessary fitness and capability to complete the course safely.
- ✓ By competing, I accept all risks associated with my participation, including those that may result in death or permanent injury. I release all persons and organisations involved in the conduct of the event from, and will indemnify them against, any liability (including negligence) for injury, loss, or damage arising out of or in connection with my participation. This includes the Shire of Dundas, other participants, event promoters, sponsors, and all officers, employees, agents, contractors, and volunteers, including medical and paramedical personnel. This release and indemnity is ongoing and binding on my heirs, executors, personal representatives, and assigns.
- ✓ I accept the added risks associated with wet weather running, including slippery surfaces and reduced visibility. It is the runner's responsibility to exercise caution and adjust to the conditions on the day.
- ✓ I consent to receiving medical treatment in the case of emergency, injury, or other medical incident.
- ✓ I consent to the Shire of Dundas using my name and image in promotional materials, media coverage, and reports relating to the event.

### Insurance & Liability

- The Shire of Dundas holds public liability insurance for this event; however, this does not guarantee coverage for all injuries, losses, or damages sustained. The Shire's insurance provider is LGIS.
- The Shire of Dundas accepts no responsibility for competitors' personal belongings, including race equipment.

### Event Safety & Conduct

- Helmets must be worn by all cycling competitors.
- Shoes must be worn by all competitors.
- Headphones or similar devices (unless medically prescribed) are not permitted.
- I agree to abide by all race rules and directions issued by Shire of Dundas event staff or officials.

### Cost to Enter

- \$35 – Cycle event | \$25 – Run events
- FREE – Local residents (proof of address required)
- Payment can be made at the Woodlands Centre.
- Refunds will be issued if the event is cancelled due to weather conditions. No refunds will be provided for competitor withdrawals.

### Declaration

I certify that I am 18 years of age or older and have read and fully understand this document;  
or

I am the parent/guardian of a participant under the age of 18 and have read and fully understand this document.

*I agree to the event conditions by signing below:*

**Participant Name:** \_\_\_\_\_

**Event Selection:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent / Guardian Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Once signed please submit to:  
Norseman Woodlands Centre (78 Prinsep St, Norseman)  
[tourism@dundas.wa.gov.au](mailto:tourism@dundas.wa.gov.au)

# DUNDAS CRUNCHER

SATURDAY 30 AUGUST 2025



## ENTRY FORM

**\$8500 PRIZE POOL TO BE WON!**



# Event Information



## ROYAL MAIL COACH ROAD CRUNCHER

**Registration:** 7:45am - 8:35am  
📍 Norseman Woodlands Centre (78 Prinsep St, Norseman)  
**Race Briefing:** 8:45am  
**Departure to Start Line:** 9:45am  
**Race Start Time:** 10am

### Course Information:

*The Royal Mail Coach Road Cruncher*

- 46.7km (approximately) Circuit Cycle Challenge

Get ready to tackle The Cruncher – an approximately 46.7km cycle event that promises grit, endurance, and a good dose of Norseman dust!

This full-circuit ride starts and finishes at Marks Park, taking cyclists along the Norseman Heritage Trail (return).

The trail features a mix of gravel and dirt terrain, so riders must ensure their bikes are suitable for off-road conditions. Be self-sufficient and ready for puncture repairs or other minor mechanical issues along the way.

All competitors must register both on and off the course for safety and tracking purposes.

Helmets and shoes must be worn by all cycling competitors.

Stay up to date with event information



## DUNDAS DASH

**Registration:** 7:45am - 8:35am  
📍 Norseman Woodlands Centre (78 Prinsep St, Norseman)  
**Race Briefing:** 8:45am  
**Departure to Start Line:** 9:15am  
**Race Start Time:** 10am

### Course Information:

*The Dundas Dash*

- 24km (approximately) Run Challenge

Lace up for The Dundas Dash, an endurance run that takes in the historic landscape of Norseman.

The race kicks off at Site 10 – Old Dundas Townsite and finishes at Marks Park, following the rugged beauty of the Norseman Heritage Trail.



## BREAK O'DAY BREAKOUT

**Registration:** 8am - 8:35am  
📍 Norseman Woodlands Centre (78 Prinsep St, Norseman)  
**Race Briefing:** 8:45am  
**Departure to Start Line:** 9:15am  
**Race Start Time:** 10am

### Course Information:

*The Break O'Day Breakout*

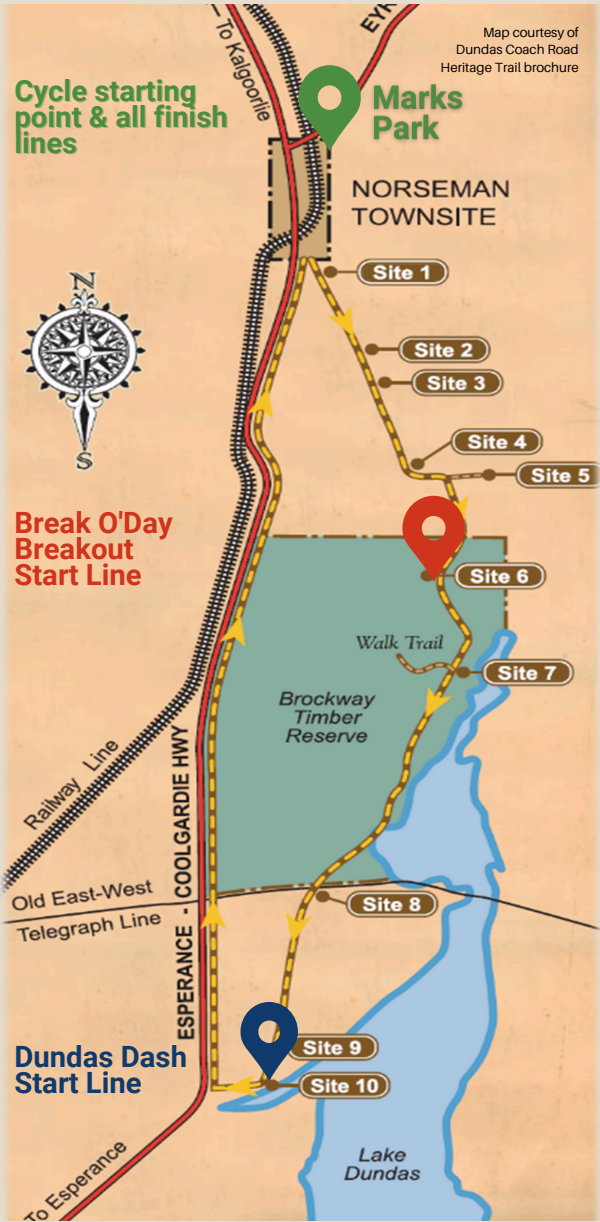
- 11.5km (approximately) Run Challenge

Prefer a shorter but still scenic challenge? The run starting from Site 6 – Break O'Day Cricket Pitch, heads along the Heritage Trail, and finishes at Marks Park.

### Trail Conditions & Safety

Both events follow a gravel and dirt trail, so runners must wear appropriate footwear – bare feet running is not permitted. Be prepared for changing surfaces and terrain.

All participants must register on and off the course for safety and tracking.



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