



Image courtesy of Lynn Webb Photography

COMPETITOR'S INFORMATION PACK



SATURDAY 29 AUGUST 2026

**DUNDAS CRUNCHER
RUN & CYCLE EVENT**



EVENT SCHEDULE

FRIDAY 28 AUGUST 2026

12:30PM NORSEMAN HERITAGE TRAIL CLOSED

SATURDAY 29 AUGUST 2026

7:45AM - 8:35AM REGISTRATION

8:45AM RACE BRIEFING

9:15AM DEPARTURE TO START LINES

9:55AM COMPETITORS SET AT START

10:00AM START

11AM FAMILY FUN DAY @ MARKS PARK

12:30PM COMMUNITY BBQ

1PM AWARD PRESENTATION

3PM EVENT CLOSES



Image courtesy of Lynn Webb Photography

NORSEMAN

WHERE ARE WE?



Norseman is located in the heart of the Great Western Woodlands 185km south of Kalgoorlie and 201km north of Esperance on the Coolgardie Esperance Highway.



TOWN CENTRE



Norseman's Town Centre is located on Roberts Street and contains the following shops:

- Digger's Ice Cream Shop & Cafe
- Full Moon Cafe
- Norseman Village Grocer & Post Office
- Norseman Gold Pharmacy
- Norseman Hotel

HUNGRY?



Norseman has a range of food options:

- Diggers Ice Cream Shop & Cafe
- Full Moon Cafe
- Norseman BP
- Ampol Foodary
- Norseman Hotel
- Ngadju Gateway Motel Wanyarr Restaurant

FUEL



Norseman is serviced by two fuel stations:

- Ampol
- BP Travelstop



NORSEMAN

STAY THE NIGHT



Norseman has a number of accommodation options:

- The Railway Woodlands Guest House
- Norseman Hotel
- Acclaim Gateway Tourist Park
- Ngadju Gateway Motel
- The Norseman Eyre Hotel
- RV Free Camp - Fully Self Contained Vehicles Only



MEDICAL



Norseman Hospital | Ph: 9039 9200 | Talbot St, Norseman
Norseman General Practice | Ph: 9039 9235 | Talbot St, Norseman
Norseman Gold Pharmacy | Ph: 9039 0205 | Roberts St, Norseman
St John Ambulance | In an emergency always call **000**

POLICE



Norseman Police Station | Ph: 9029 1100
In an emergency always call **000**
Prinsep St, Norseman (opposite Memorial Park)

Arriving early or staying the weekend? Why not explore more in the Heart of the Great Western Woodlands?

EXPLORE MORE



The Woodlands Cultural Community and Visitors Centre located on 78 Prinsep St, Norseman is the must go place for all tourist and visitor information.

Explore the interpretative features and get selfies by the colorful murals, and chat to our friendly staff who can tell you about the great places to visit in Norseman.



PRE-RACE

ENTRY FORM

- Complete your event entry form prior to race day.
- Email your completed form to tourism@dundas.wa.gov.au with the subject title Dundas Cruncher - Race Registration.
- Bring it with you for a fast-track registration on race-day.
- Entry forms will be available on race day until 8:30am.

INFORMATION PACK

Review your information pack, if you have any questions please email tourism@dundas.wa.gov.au.

SPORTING SUPPLIES

Ensure you have everything you need for the race with you. There are no cycle repair or sporting goods stores in Norseman.

AGE REQUIREMENTS

The race events are for 16 years and over. Competitors aged 16 and 17 years must have a parent/guardian sign their entry form.

WITHDRAWAL

Please submit notification of withdrawal prior to event day to tourism@dundas.wa.gov.au. No refunds will be given for withdrawal. If you withdraw during the event, please ensure Event Marshalls are informed.

SPECTATORS

Due to the Heritage Trail being closed to all traffic spectators are encouraged to gather at the finish line located at Marks Park.

AWARD PRESENTATIONS

From 11am - 3pm, a Family Fun Day at Marks Park (Cnr Ramsay and Roberts Street) with free children's activities and community BBQ will also be held to celebrate the competitors efforts.



RACE DAY

REGISTRATION

Registration is at the Woodlands Cultural Community and Visitors Centre. Located 78 Prinsep Street, the building is pictured above. There is plenty of parking on Prinsep Street and around the corner of Ramsay Street. Both streets have direct access to the Centre. All competitors must register and receive their race number by 8:35am.

RACE BRIEFING

Competitors must attend the pre-race briefing. This is to ensure competitors are alerted to any changes in the trail conditions.

TIMING

We strongly recommend that competitors time their own event.

TRAFFIC MANAGEMENT

Competitors must follow the instructions of Event Marshalls and Traffic Management personnel. Failure to do so may result in disqualification from the event.

FIRST AID

All traffic management vehicles will be equipped with first aid kits. First aid personnel will be on the course, as well as support from the local St John WA Ambulance Service.

PUBLIC TOILETS



Full bathroom facilities are available at the Registration Point (Norseman Woodlands Centre) and at the finish line (Marks Park).

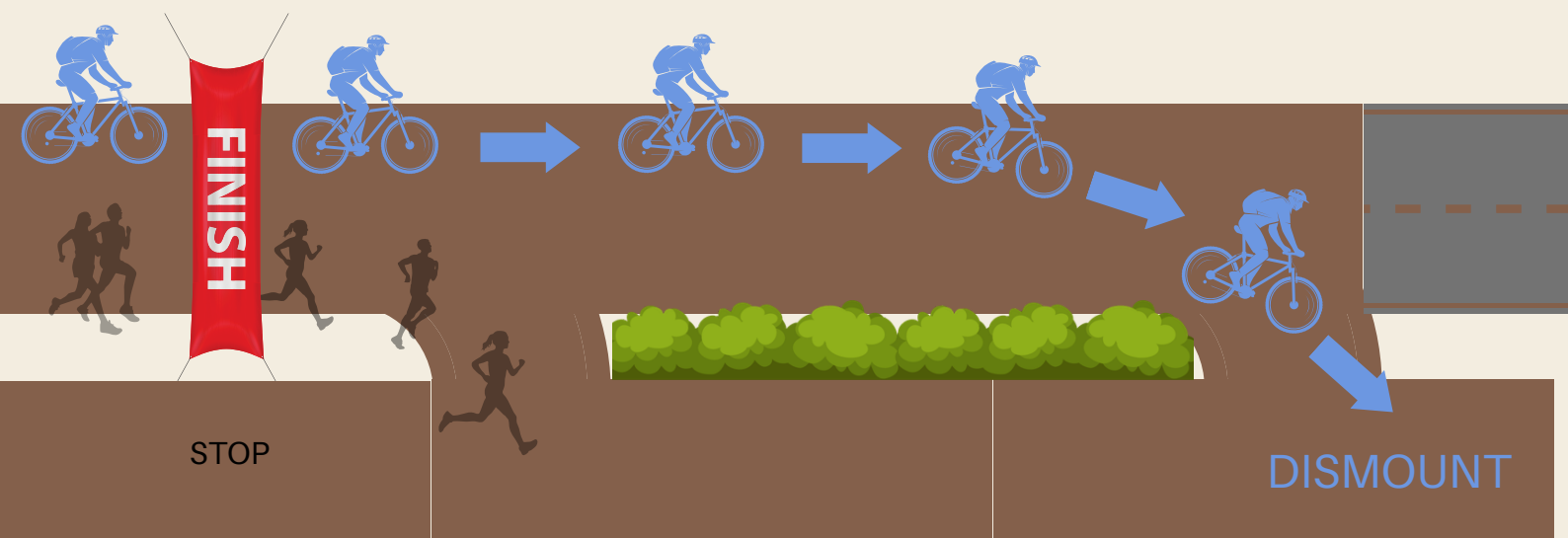
A Porta Loo will be available at Site 10 along the Heritage Trail.

No running water is available at the Start and Finish Line.



ROYAL MAIL COACH ROAD CRUNCHER

- START LINE** Marks Park
- RACE START** The race commences at 10am. Competitors must be at the start line 5 minutes prior to start time, follow the instructions of Event Marshalls.
- DISTANCE** 46.7km (approximate)
- RULES**
- Competitors must ride single file on the left-hand side of the road at all times, unless making a pass or for safety reasons.
 - Competitors may walk their bikes if necessary but must not continue along the course without their bicycle.
 - Helmets and shoes must be worn by all cycling competitors.
 - Headphones or similar devices (unless medically prescribed) are not permitted.
 - All bikes must be fitted with a bell to alert others when approaching or passing.
- FELLOW COMPETITORS** Runners will also be travelling on the left-hand-side of the trail. Cyclist must signal with their bell an alert on their approach. Always be aware of other competitors and your surrounds.
- FINISH LINE** Marks Park
- This is a shared finish line. Riders will be directed to ride straight through the finish line keeping to the left hand side at all times.





DUNDAS DASH

START LINE

Access to the Start Line from Norseman.

- Leave via competitors bus (Shire Provided) to Start Line
- Runners will travel to Site 10 via Shire provided bus.
- Porta Toilets will be available at the Start Line.
- No running water is available..

RACE START

The race commences at 10am. Competitors must be at the start line 5 minutes prior to start time, follow the instructions of Event Marshalls

DISTANCE

24km (approximate)

WATER STATIONS

4 water stations along trail

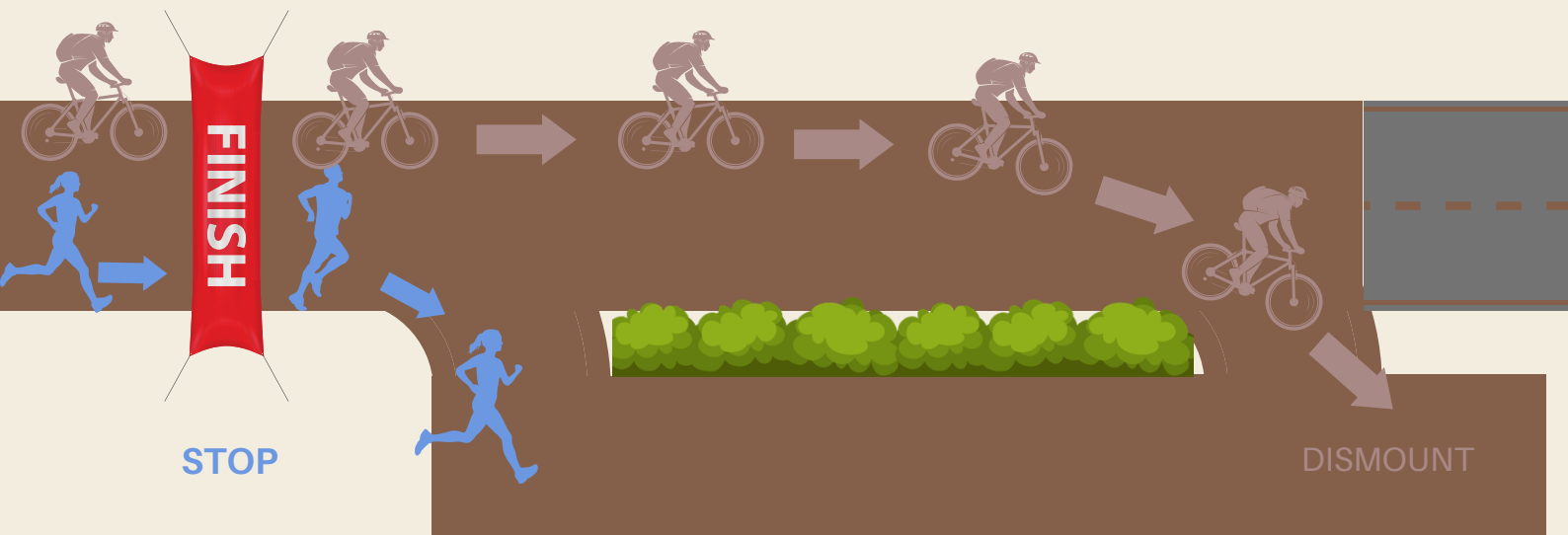
FELLOW COMPETITORS

Cyclists on the Trail:

- All competitors must keep to the left-hand side of the trail at all times.
- Riders move faster than runners and may find it difficult to stop quickly, so please remain alert and aware of your surroundings.
- Cyclists must signal their approach using a bell or verbal warning when passing. Runners and other competitors should listen for these signals and allow space for safe passing.
- Always be mindful of other competitors and your surroundings when on the trail.

FINISH LINE

Marks Park. This is a shared finish line. Runners will be directed to run straight through the finish line keeping to the right hand side at all times.





BREAK O'DAY BREAKOUT

START LINE

Access to the Start Line from Norseman.

- Leave via competitors bus (Shire Provided) to Start Line
- Runners will travel to Site 6 via Shire provided bus.
- No running water is available.

RACE START

The race commences at 10am. Competitors must be at the start line 5 minutes prior to start time, follow the instructions of Event Marshalls

DISTANCE

11.5 km (approximate)

WATER STATIONS

2 water stations along trail

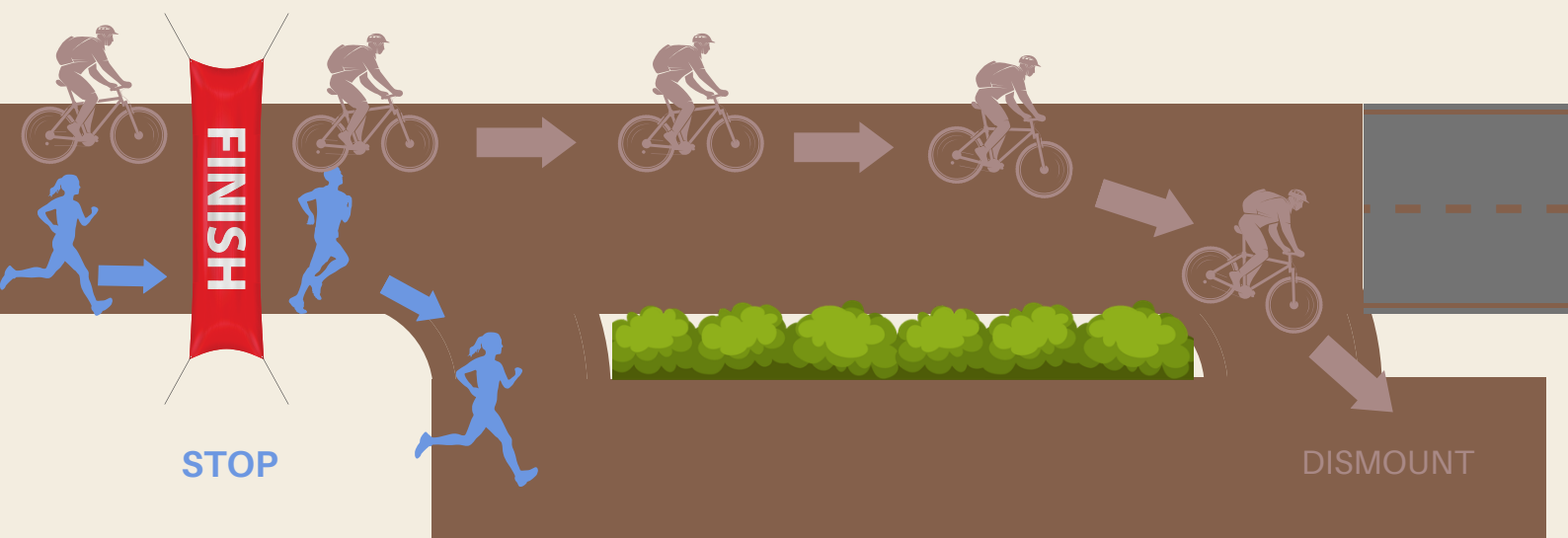
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FINISH LINE

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**WE COULDN'T HAVE DONE
IT WITHOUT YOUR
GENEROUS *support.***



The Shire of Dundas is working toward building a new exciting race event in the Goldfields.

Thank you to all competitors for participating in the event.

For more information contact us on:

-  tourism@dundas.wa.gov.au
-  www.dundas.wa.gov.au
-  78 Prinsep Street, Norseman WA 6443
-  (08) 9039 0040
-  Shire of Dundas

